



BODIcafé Millet Porridge

Serves - 2

Prep + cooking time - 20min

Ingredients

- 1 cup BODIcafé Millet
- 3 cups of boiling water
- 70g BODIcafé New Joy Rice Milk
- 2 cinnamon sticks
- Pinch of salt to taste (optional)
- 2 tbsp honey

Method

1. Bring 3 cups of water to boil in a pot on high heat
2. Reduce heat once water is boiling
3. Add all the ingredients to the water and cook for 20 min, or until soft like porridge
4. Serve immediately